DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Noble Naomi

Coaches: Mathys Jana

Coaches: Cools Sandra HEADCOACH

Coaches: Huberty Maren

Coaches: De Wilde Maaike

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 09:03

Heat: 2/2 Lane : 3 Athlete: VAN HOECKE OONA — **Q-time: 01:35:93**

PB (25m pool): 01:35.93 Durmehal 27/09/2026 **PB (50m pool):** 01:40.53 **SB:** 01:35.93 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:45.16		01:35.93	
		00:45.16		*00:50.77*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:1, starttime: 09:06

Heat: 1/6 Lane : 4 Athlete: WALGRAEVE AXELLE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:2, starttime: 09:11

Heat: 2/6 Lane : 4 Athlete: AKMAN REZZAN — **Q-time: 02:57:14**

PB (25m pool): 02:57.14 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 03:02.75 **SB:** 02:57.14 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:40.73		01:28.32		02:13.96		02:57.14
		00:40.73		*00:47.59*		*00:45.64*		*00:43.18*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:3, starttime: 09:16

Heat: 3/6 Lane : 1 Athlete: VAN LOO CHARLOTTE — **Q-time: 02:48:57**

PB (25m pool): 02:38.83 Sint-Amandsberg 27/10/2024 **PB (50m pool):** 02:44.16 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.65		01:17.01		01:59.53		02:38.83
		00:35.65		*00:41.36*		*00:42.52*		*00:39.30*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:3, starttime: 09:16

Heat: 3/6 Lane : 4 Athlete: BRUNET MAXIME — **Q-time: 02:44:87**

PB (25m pool): 02:44.87 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:56.51 **SB:** 02:44.87 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.95		01:21.08		02:03.99		02:44.87
		00:37.95		*00:43.13*		*00:42.91*		*00:40.88*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:3, starttime: 09:16

Heat: 3/6 Lane : 5 Athlete: BOON MARGOT — **Q-time: 02:46:27**

PB (25m pool): 02:46.27 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 03:00.63 **SB:** 02:46.27 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.67		01:20.53		02:04.96		02:46.27
		00:37.67		*00:42.86*		*00:44.43*		*00:41.31*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:4, starttime: 09:19

Heat: 4/6 Lane : 1 Athlete: DE BOCK AUDE — **Q-time: 02:42:04**

PB (25m pool): 02:43.31 Eeklo 21/04/2025 **PB (50m pool):** 02:42.04 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.23		01:20.01		no time		02:43.31
		00:38.23		*00:41.78*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:4, starttime: 09:19

Heat: 4/6 Lane : 3 Athlete: SUY NORA — **Q-time: 02:36:85**

PB (25m pool): 02:36.85 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:47.47 **SB:** 02:36.85 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.76		01:17.39		01:58.70		02:36.85
		00:36.76		*00:40.63*		*00:41.31*		*00:38.15*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:4, starttime: 09:19

Heat: 4/6 Lane : 4 Athlete: VELGHE LAUREN — **Q-time: 02:38:20**

PB (25m pool): 02:50.76 DENDERMONDE. 23/11/2024 **PB (50m pool):** 02:38.20 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.59		01:24.12		no time		02:50.76
		00:36.59		*00:47.53*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:5, starttime: 09:23

Heat: 5/6 Lane : 1 Athlete: NGABO ANNABELLE — **Q-time: 02:35:67**

PB (25m pool): 02:35.67 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:40.10 **SB:** 02:35.67 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.05		01:15.22		01:55.58		02:35.67
		00:36.05		*00:39.17*		*00:40.36*		*00:40.09*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:5, starttime: 09:23

Heat: 5/6 Lane : 3 Athlete: VAN GHELUE RINSKE — **Q-time: 02:28:87**

PB (25m pool): 02:28.87 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:31.24 **SB:** 02:28.87 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.70		01:11.12		01:50.68		02:28.87
		00:33.70		*00:37.42*		*00:39.56*		*00:38.19*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:5, starttime: 09:23

Heat: 5/6 Lane : 5 Athlete: VAN LOO HANNAH — **Q-time: 02:32:09**

PB (25m pool): 02:32.09 EEKLO 04/10/2026 — **PB (50m pool):** 02:35.01 **SB:** 02:32.09 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:34.16		01:12.76		no time		02:32.09
		00:34.16		*00:38.60*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:5, starttime: 09:23

Heat: 5/6 Lane : 6 Athlete: VANCAYZEELE MARGAUX — **Q-time: 02:35:68**

PB (25m pool): 02:39.30 Sinbad 16/03/2025 — **PB (50m pool):** 02:35.68 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:36.41		01:16.23		no time		02:39.30
		00:36.41		*00:39.82*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:6, starttime: 09:26

Heat: 6/6 Lane : 1 Athlete: VAN BRABANDT MILA — **Q-time: 02:24:77**

PB (25m pool): 02:24.77 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 02:28.04 **SB:** 02:24.77 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:32.85		01:09.47		01:47.30		02:24.77
		00:32.85		*00:36.62*		*00:37.83*		*00:37.47*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:6, starttime: 09:26

Heat: 6/6 Lane : 5 Athlete: DEGRANDE AN — **Q-time: 02:24:45**

PB (25m pool): 02:24.45 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 02:33.66 **SB:** 02:24.45 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:32.36		01:08.04		01:45.91		02:24.45
		00:32.36		*00:35.68*		*00:37.87*		*00:38.54*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 2: 200M FREESTYLE WOMEN 11+ — Heat:6, starttime: 09:26

Heat: 6/6 Lane : 6 Athlete: NEIRINCK ANNELIES — **Q-time: 02:28:78**

PB (25m pool): 02:28.78 Gent 23/02/2025 **PB (50m pool):** 02:32.49 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:34.26		01:11.63		01:50.30		02:28.78
		00:34.26		*00:37.37*		*00:38.67*		*00:38.48*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:2, starttime: 09:33

Heat: 2/6 Lane : 4 Athlete: MILLET NOAH — **Q-time: 03:05:38**

PB (25m pool): no time **PB (50m pool):** 03:05.38 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:3, starttime: 09:37

Heat: 3/6 Lane : 1 Athlete: MATAIGNE MICHEL — **Q-time: 02:45:07**

PB (25m pool): 02:45.07 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:54.44 **SB:** 02:45.07 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.90		01:20.51		02:03.23		02:45.07
		00:37.90		*00:42.61*		*00:42.72*		*00:41.84*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:3, starttime: 09:37

Heat: 3/6 Lane : 2 Athlete: MILLET LUCAS — **Q-time: 02:37:96**

PB (25m pool): 02:40.15 Dendermonde. 22/11/2025 **PB (50m pool):** 02:37.96 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.44		01:16.63		no time		02:40.15
		00:35.44		*00:41.19*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:3, starttime: 09:37

Heat: 3/6 Lane : 3 Athlete: VAN LOO MATHIAS — **Q-time: 02:30:69**

PB (25m pool): 02:36.57 Eeklo 21/04/2025 **PB (50m pool):** 02:30.69 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.27		01:14.26		no time		02:36.57
		00:35.27		*00:38.99*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:3, starttime: 09:37

Heat: 3/6 Lane : 4 Athlete: DE VEERMAN ILAN — **Q-time: 02:33:22**

PB (25m pool): 02:33.22 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:49.81 **SB:** 02:33.22 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.29		01:15.97		01:55.13		02:33.22
		00:36.29		*00:39.68*		*00:39.16*		*00:38.09*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:3, starttime: 09:37

Heat: 3/6 Lane : 5 Athlete: COESSENS KOBE — **Q-time: 02:38:76**

PB (25m pool): 02:38.76 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:46.57 **SB:** 02:38.76 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.95		01:17.34		01:58.84		02:38.76
		00:36.95		*00:40.39*		*00:41.50*		*00:39.92*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:4, starttime: 09:41

Heat: 4/6 Lane : 5 Athlete: DE PAUW JULES — **Q-time: 02:25:08**

PB (25m pool): 02:30.82 Dendermonde. 22/11/2025 **PB (50m pool):** 02:25.08 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.06		01:13.61		no time		02:30.82
		00:35.06		*00:38.55*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:4, starttime: 09:41

Heat: 4/6 Lane : 6 Athlete: TIMMERMANS THEO — **Q-time: 02:29:97**

PB (25m pool): 02:29.97 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:31.50 **SB:** 02:29.97 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:33.68		01:12.70		01:52.97		02:29.97
		00:33.68		*00:39.02*		*00:40.27*		*00:37.00*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:5, starttime: 09:44

Heat: 5/6 Lane : 2 Athlete: DE CHAMPS LOïC — **Q-time: 02:18:37**

PB (25m pool): 02:17.25 Diksmuide 01/11/2026 **PB (50m pool):** 02:25.35 **SB:** 02:17.25 Diksmuide 01/11/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:30.57		01:05.02		01:41.46		02:17.25
		00:30.57		*00:34.45*		*00:36.44*		*00:35.79*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:5, starttime: 09:44

Heat: 5/6 Lane : 3 Athlete: NEYRYNCK TIBO — **Q-time: 02:14:71**

PB (25m pool): 02:13.38 DENDERMONDE. 23/11/2024 **PB (50m pool):** 02:15.31 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:30.63		01:05.33		no time		02:13.38
		00:30.63		*00:34.70*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:5, starttime: 09:44

Heat: 5/6 Lane : 4 Athlete: TIMMERMANS JULES — **Q-time: 02:17:87**

PB (25m pool): 02:11.70 Ronse 15/10/2023 **PB (50m pool):** 02:13.30 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:11.70
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:5, starttime: 09:44

Heat: 5/6 Lane : 5 Athlete: HOSTE LARS — **Q-time: 02:18:74**

PB (25m pool): 02:18.74 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:22.67 **SB:** 02:18.74 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:31.83		01:07.47		01:43.57		02:18.74
		00:31.83		*00:35.64*		*00:36.10*		*00:35.17*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:5, starttime: 09:44

Heat: 5/6 Lane : 6 Athlete: STEVENS GERBEN — **Q-time: 02:21:15**

PB (25m pool): 02:21.15 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:29.00 **SB:** 02:21.15 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:32.16		01:08.32		01:45.15		02:21.15
		00:32.16		*00:36.16*		*00:36.83*		*00:36.00*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:6, starttime: 09:47

Heat: 6/6 Lane : 1 Athlete: SLOS ROBBIE — **Q-time: 02:10:00**

PB (25m pool): 02:09.84 T ROSCO 20/10/2024 **PB (50m pool):** 02:12.70 **SB:** 02:10.00 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:30.77		01:04.21		01:37.74		02:09.84
		00:30.77		*00:33.44*		*00:33.53*		*00:32.10*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:6, starttime: 09:47

Heat: 6/6 Lane : 2 Athlete: STEVENS JAAN — **Q-time: 02:07:28**

PB (25m pool): 02:07.74 EEKLO 04/10/2026 **PB (50m pool):** 02:07.28 **SB:** 02:07.74 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:28.30		01:00.19		no time		02:07.74
		00:28.30		*00:31.89*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:6, starttime: 09:47

Heat: 6/6 Lane : 4 Athlete: VANCAYZEELE THIBAU — **Q-time: 02:05:83**

PB (25m pool): 02:05.83 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 02:08.82 **SB:** 02:06.27 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:28.47		01:00.09		01:33.28		02:05.83
		00:28.47		*00:31.62*		*00:33.19*		*00:32.55*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+ — Heat:6, starttime: 09:47

Heat: 6/6 Lane : 6 Athlete: DEGRANDE LARS — **Q-time: 02:10:07**

PB (25m pool): 02:10.07 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 02:15.51 **SB:** 02:10.07 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:29.32		01:02.84		01:36.79		02:10.07
		00:29.32		*00:33.52*		*00:33.95*		*00:33.28*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:2, starttime: 09:58

Heat: 2/7 Lane : 5 Athlete: DEPESTELE GITTE — **Q-time: 06:21:20**

PB (25m pool): 06:21.20 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 06:21.20 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:40.95		01:28.68		02:17.63		03:07.46
		00:40.95		*00:47.73*		*00:48.95*		*00:49.83*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB		03:57.96		04:48.45		05:37.83		06:21.20
		00:50.50		*00:50.49*		*00:49.38*		*00:43.37*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:2, starttime: 09:58

Heat: 2/7 Lane : 6 Athlete: BEKAERT SOPHIA — **Q-time: 06:22:59**

PB (25m pool): 06:22.25 Sint-Amandsberg 27/10/2024 **PB (50m pool):** no time **SB:** 06:22.59 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:42.29		01:30.76		02:21.05		03:11.47
		00:42.29		*00:48.47*		*00:50.29*		*00:50.42*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		04:00.85		04:50.76		05:38.40		06:22.25
		00:49.38		*00:49.91*		*00:47.64*		*00:43.85*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:3, starttime: 10:05

Heat: 3/7 Lane : 3 Athlete: GERRITSEN VESPER — **Q-time: 05:50:60**

PB (25m pool): 05:44.20 Sint-Amandsberg 27/10/2024 **PB (50m pool):** 06:04.18 **SB:** 05:50.60 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:37.17		01:19.34		02:03.03		02:47.82
		00:37.17		*00:42.17*		*00:43.69*		*00:44.79*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:31.89		04:16.92		05:01.35		05:44.20
		00:44.07		*00:45.03*		*00:44.43*		*00:42.85*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:4, starttime: 10:12

Heat: 4/7 Lane : 2 Athlete: DE GRIEVE ONA — **Q-time: 05:43:18**

PB (25m pool): 05:41.78 Sinbad 06/10/2024 **PB (50m pool):** 05:43.18 **SB:** 05:44.48 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:41.78
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 4: 400M FREESTYLE WOMEN 11+ — Heat:5, starttime: 10:18

Heat: 5/7 Lane : 5 Athlete: RUTTEN LEONIE — **Q-time: 05:28:55**

PB (25m pool): 05:28.55 BEERNEM 19/09/2026 **PB (50m pool):** 05:31.61 **SB:** 05:28.55 BEERNEM 19/09/2026

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:17.31		no time		02:41.68
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:28.55
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:2, starttime: 10:45

Heat: 2/5 Lane : 2 Athlete: TRIEST JULES — **Q-time: 05:55:73**

PB (25m pool): 05:55.73 Sint-Amandsberg 19/10/2025 **PB (50m pool):** no time **SB:** 05:57.97 BEERNEM 19/09/2026

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:39.41		01:24.20		02:10.55		02:55.35
		00:39.41		*00:44.79*		*00:46.35*		*00:44.80*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:42.77		04:27.58		05:11.95		05:55.73
		00:47.42		*00:44.81*		*00:44.37*		*00:43.78*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:2, starttime: 10:45

Heat: 2/5 Lane : 4 Athlete: GERRITSEN BRUNO — **Q-time: 05:53:86**

PB (25m pool): 06:03.44 Sint-Amandsberg 27/10/2024 **PB (50m pool):** 05:53.86 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:39.35		01:26.80		02:13.42		03:00.28
		00:39.35		*00:47.45*		*00:46.62*		*00:46.86*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:47.39		04:34.77		05:20.58		06:03.44
		00:47.11		*00:47.38*		*00:45.81*		*00:42.86*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 5: 400M FREESTYLE MEN 11+ — Heat:3, starttime: 10:52

Heat: 3/5 Lane : 4 Athlete: MINNOYE TIEBE — **Q-time: 05:08:68**

PB (25m pool): 05:08.68 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 05:20.61 **SB:** 05:08.68 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:33.93		01:12.34		01:52.03		02:31.37
		00:33.93		*00:38.41*		*00:39.69*		*00:39.34*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		03:10.23		03:49.99		04:29.87		05:08.68
		00:38.86		*00:39.76*		*00:39.88*		*00:38.81*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 100M MEDLEY MIXED 10-9 — Heat:2, starttime: 11:12

Heat: 2/2 Lane : 2 Athlete: VAN HOECKE OONA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:1, starttime: 11:14

Heat: 1/6 Lane : 1 Athlete: NEIRINCK ANNELIES — **Q-time: 99:99:99**

PB (25m pool): 01:18.52 DENDERMONDE 23/11/2024 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	
PB		no time		01:18.52	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:1, starttime: 11:14

Heat: 1/6 Lane : 3 Athlete: WALGRAEVE AXELLE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:1, starttime: 11:14

Heat: 1/6 Lane : 4 Athlete: VAN BRABANDT MILA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:3, starttime: 11:19

Heat: 3/6 Lane : 2 Athlete: AKMAN REZZAN — **Q-time: 01:31:99**

PB (25m pool): 01:31.99 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:31.99	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:3, starttime: 11:19

Heat: 3/6 Lane : 5 Athlete: BOON MARGOT — **Q-time: 01:34:61**

PB (25m pool): 01:34.61 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:34.61 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:34.61	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:4, starttime: 11:21

Heat: 4/6 Lane : 1 Athlete: VAN LOO CHARLOTTE — **Q-time: 01:28:42**

PB (25m pool): 01:27.70 Lokeren 29/09/2024 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:27.70	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:5, starttime: 11:24

Heat: 5/6 Lane : 1 Athlete: VELGHE LAUREN — **Q-time: 01:22:34**

PB (25m pool): 01:22.34 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:22.34	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:5, starttime: 11:24

Heat: 5/6 Lane : 2 Athlete: VAN LOO HANNAH — **Q-time: 01:21:37**

PB (25m pool): 01:21.37 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 01:21.37 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:37.34		01:21.37	
	00:37.34		*00:44.03*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:5, starttime: 11:24

Heat: 5/6 Lane : 6 Athlete: DE BOCK AUDE — **Q-time: 01:22:50**

PB (25m pool): 01:22.50 WAREGEM 27/09/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:22.50	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:6, starttime: 11:26

Heat: 6/6 Lane : 1 Athlete: DEGRANDE AN — **Q-time: 01:17:10**

PB (25m pool): 01:17.10 Temse 21/12/2025 **PB (50m pool):** no time **SB:** 01:17.65 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.22		01:17.10	
		00:35.22		*00:41.88*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+ — Heat:6, starttime: 11:26

Heat: 6/6 Lane : 5 Athlete: VAN GHELUE RINSKE — **Q-time: 01:16:40**

PB (25m pool): 01:16.40 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 01:16.40 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:35.60		01:16.40	
		00:35.60		*00:40.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:1, starttime: 11:28

Heat: 1/6 Lane : 3 Athlete: SLOS ROBBIE — **Q-time: 99:99:99**

PB (25m pool): 01:10.34 WAREGEM 24/09/2022 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:10.34	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:2, starttime: 11:30

Heat: 2/6 Lane : 3 Athlete: DEGRANDE LARS — **Q-time: 99:99:99**

PB (25m pool): 01:10.30 DENDERMONDE 23/11/2024 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:10.30	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 100M MEDLEY MEN 11+ — Heat:2, starttime: 11:30

Heat: 2/6 Lane : 5 Athlete: VANCAYZEELE THIBAU — **Q-time: 99:99:99**

PB (25m pool): 01:32.98 DENDERMONDE 27/11/2021 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:32.98	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:4, starttime: 11:35

Heat: 4/6 Lane : 2 Athlete: DE VEERMAN ILAN — **Q-time: 01:24:51**

PB (25m pool): 01:24.51 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 01:24.51 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:38.65		01:24.51	
		00:38.65		*00:45.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:4, starttime: 11:35

Heat: 4/6 Lane : 3 Athlete: TIMMERMANS THEO — **Q-time: 01:21:67**

PB (25m pool): 01:21.67 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:21.67 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:21.67	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:4, starttime: 11:35

Heat: 4/6 Lane : 4 Athlete: MILLET LUCAS — **Q-time: 01:22:37**

PB (25m pool): 01:22.37 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:22.37 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:22.37	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 100M MEDLEY MEN 11+ — Heat:4, starttime: 11:35

Heat: 4/6 Lane : 5 Athlete: MATAIGNE MICHEL — **Q-time: 01:24:81**

PB (25m pool): 01:24.81 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 01:24.81 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:40.81		01:24.81	
		00:40.81		*00:44.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:4, starttime: 11:35

Heat: 4/6 Lane : 6 Athlete: MILLET NOAH — **Q-time: 01:29:78**

PB (25m pool): 01:29.78 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 01:29.78 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:42.23		01:29.78	
		00:42.23		*00:47.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:5, starttime: 11:38

Heat: 5/6 Lane : 1 Athlete: VAN LOO MATHIAS — **Q-time: 01:16:75**

PB (25m pool): 01:16.75 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 01:16.75 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:36.07		01:16.75	
		00:36.07		*00:40.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:5, starttime: 11:38

Heat: 5/6 Lane : 2 Athlete: HOSTE LARS — **Q-time: 01:14:34**

PB (25m pool): 01:14.34 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:14.34 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:14.34	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 8: 100M MEDLEY MEN 11+ — Heat:5, starttime: 11:38

Heat: 5/6 Lane : 6 Athlete: STEVENS GERBEN — **Q-time: 01:17:18**

PB (25m pool): 01:17.18 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:17.18 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:17.18	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:6, starttime: 11:40

Heat: 6/6 Lane : 2 Athlete: TIMMERMANS JULES — **Q-time: 01:05:97**

PB (25m pool): 01:05.97 Temse 21/12/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:30.27		01:05.97	
		00:30.27		*00:35.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:6, starttime: 11:40

Heat: 6/6 Lane : 3 Athlete: NEYRYNCK TIBO — **Q-time: 01:04:78**

PB (25m pool): 01:04.78 Temse 21/12/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:30.10		01:04.78	
		00:30.10		*00:34.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M MEDLEY MEN 11+ — Heat:6, starttime: 11:40

Heat: 6/6 Lane : 5 Athlete: STEVENS JAAN — **Q-time: 01:07:88**

PB (25m pool): 01:07.88 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:07.88 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:07.88	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 10: 50M FREESTYLE MEN 11+ — Heat:2, starttime: 12:00

Heat: 2/4 Lane : 3 Athlete: TRIEST JULES — **Q-time: 00:33:98**

PB (25m pool): 00:40.78 Nijlen 17/11/2024 **PB (50m pool):** 00:33.98 **SB:** no time

	2 5 M	5 0 M	
PB		00:40.78	
	00:40.78		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 11+ — Heat:2, starttime: 12:00

Heat: 2/4 Lane : 4 Athlete: COESSENS KOBE — **Q-time: 00:35:40**

PB (25m pool): 00:35.40 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:37.74 **SB:** 00:35.40 Sint-Amandsberg 18/10/2026

	2 5 M	5 0 M	
PB		00:35.40	
	00:35.40		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 11+ — Heat:3, starttime: 12:02

Heat: 3/4 Lane : 3 Athlete: DE PAUW JULES — **Q-time: 00:29:53**

PB (25m pool): 00:30.24 Zottegem 01/03/2026 **PB (50m pool):** 00:29.53 **SB:** no time

	2 5 M	5 0 M	
PB		00:30.24	
	00:30.24		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 12:07

Heat: 2/3 Lane : 1 Athlete: GERRITSEN VESPER — **Q-time: 01:28:32**

PB (25m pool): 01:28.32 EEKLO 04/10/2026 **PB (50m pool):** 01:31.18 **SB:** 01:28.32 EEKLO 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.50		01:28.32	
	00:42.50		*00:45.82*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 11: 100M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 12:07

Heat: 2/3 Lane : 2 Athlete: VANCAYZEELE MARGAUX — **Q-time: 01:25:43**

PB (25m pool): 01:25.43 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:27.06 **SB:** 01:25.43 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.36		01:25.43	
		00:41.36		*00:44.07*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 12:07

Heat: 2/3 Lane : 3 Athlete: SUY NORA — **Q-time: 01:22:01**

PB (25m pool): 01:20.11 Diksmuide 01/11/2026 **PB (50m pool):** 01:23.73 **SB:** 01:20.11 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:39.50		01:20.11	
		00:39.50		*00:40.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 12:07

Heat: 2/3 Lane : 6 Athlete: BEKAERT SOPHIA — **Q-time: 01:29:86**

PB (25m pool): 01:29.86 BEERNEM 19/09/2026 **PB (50m pool):** 01:31.30 **SB:** 01:29.86 BEERNEM 19/09/2026

	25 M	50 M	75 M	100 M	
PB		00:44.18		01:29.86	
		00:44.18		*00:45.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+ — Heat:1, starttime: 12:11

Heat: 1/2 Lane : 2 Athlete: DE CHAMPS LOïC — **Q-time: 01:20:57**

PB (25m pool): 01:21.53 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:20.57 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.94		01:21.53	
		00:38.94		*00:42.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 12: 100M BACKSTROKE MEN 11+ — Heat:1, starttime: 12:11

Heat: 1/2 Lane : 4 Athlete: MINNOYE TIEBE — **Q-time: 01:20:01**

PB (25m pool): 01:20.01 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:20.59 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.69		01:20.01	
		00:38.69		*00:41.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:1, starttime: 12:16

Heat: 1/6 Lane : 3 Athlete: WALGRAEVE AXELLE — **Q-time: 02:00:10**

PB (25m pool): 02:00.10 Durmehal 27/09/2026 **PB (50m pool):** no time **SB:** 02:00.10 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:56.33		02:00.10	
		00:56.33		*01:03.77*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:2, starttime: 12:19

Heat: 2/6 Lane : 2 Athlete: VAN LOO CHARLOTTE — **Q-time: 01:48:22**

PB (25m pool): 01:42.76 TEMSE 24/11/2024 **PB (50m pool):** 01:45.57 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.92		01:42.76	
		00:47.92		*00:54.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:2, starttime: 12:19

Heat: 2/6 Lane : 5 Athlete: BOON MARGOT — **Q-time: 01:49:62**

PB (25m pool): 01:49.62 Durmehal 27/09/2026 **PB (50m pool):** 02:01.36 **SB:** 01:49.62 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:52.46		01:49.62	
		00:52.46		*00:57.16*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:3, starttime: 12:21

Heat: 3/6 Lane : 3 Athlete: DE GRIEVE ONA — **Q-time: 01:36:14**

PB (25m pool): 01:31.29 Nijlen 19/11/2023 **PB (50m pool):** 01:31.53 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:31.29	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:3, starttime: 12:21

Heat: 3/6 Lane : 5 Athlete: AKMAN REZZAN — **Q-time: 01:39:03**

PB (25m pool): 01:39.03 Durmehal 27/09/2026 **PB (50m pool):** 01:42.04 **SB:** 01:39.03 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:46.29		01:39.03	
	00:46.29		*00:52.74*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 12:24

Heat: 4/6 Lane : 1 Athlete: VAN LOO HANNAH — **Q-time: 01:35:01**

PB (25m pool): 01:35.01 EEKLO 04/10/2026 **PB (50m pool):** 01:40.36 **SB:** 01:35.01 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.86		01:35.01	
	00:44.86		*00:50.15*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 12:24

Heat: 4/6 Lane : 2 Athlete: VELGHE LAUREN — **Q-time: 01:33:45**

PB (25m pool): 01:31.73 Dendermonde. 22/11/2025 **PB (50m pool):** 01:34.65 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.63		01:31.73	
	00:43.63		*00:48.10*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 12:24

Heat: 4/6 Lane : 3 Athlete: BRUNET MAXIME — **Q-time: 01:31:31**

PB (25m pool): 01:31.31 EEKLO 04/10/2026 — **PB (50m pool):** 01:34.94 **SB:** 01:31.31 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.49		01:31.31	
		00:43.49		*00:47.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 12:24

Heat: 4/6 Lane : 4 Athlete: RUTTEN LEONIE — **Q-time: 01:32:61**

PB (25m pool): 01:32.61 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:37.84 **SB:** 01:32.61 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.00		01:32.61	
		00:43.00		*00:49.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 12:24

Heat: 4/6 Lane : 6 Athlete: DEPESTELE GITTE — **Q-time: 01:35:33**

PB (25m pool): 01:35.33 EEKLO 04/10/2026 — **PB (50m pool):** 01:39.99 **SB:** 01:35.33 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.59		01:35.33	
		00:44.59		*00:50.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 12:26

Heat: 5/6 Lane : 5 Athlete: DE BOCK AUDE — **Q-time: 01:30:53**

PB (25m pool): 01:31.42 TEMSE 18/05/2025 — **PB (50m pool):** 01:30.53 **SB:** 01:39.77 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.19		01:31.42	
		00:43.19		*00:48.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:6, starttime: 12:28

Heat: 6/6 Lane : 1 Athlete: NGABO ANNABELLE — **Q-time: 01:25:05**

PB (25m pool): 01:25.05 Temse 31/05/2026 — **PB (50m pool):** 01:26.05 **SB:** 01:28.30 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.47		01:25.05	
		00:40.47		*00:44.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+ — Heat:6, starttime: 12:28

Heat: 6/6 Lane : 2 Athlete: VAN GHELUE RINSKE — **Q-time: 01:22:58**

PB (25m pool): 01:22.58 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:25.89 **SB:** 01:22.58 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.69		01:22.58	
		00:38.69		*00:43.89*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:2, starttime: 12:34

Heat: 2/5 Lane : 3 Athlete: DE VEERMAN ILAN — **Q-time: 01:43:47**

PB (25m pool): 01:41.19 Diksmuide 01/11/2026 — **PB (50m pool):** 01:48.68 **SB:** 01:41.19 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:49.43		01:41.19	
		00:49.43		*00:51.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 12:36

Heat: 3/5 Lane : 1 Athlete: MILLET NOAH — **Q-time: 01:35:68**

PB (25m pool): 01:35.68 EEKLO 04/10/2026 — **PB (50m pool):** 01:46.50 **SB:** 01:35.68 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.47		01:35.68	
		00:44.47		*00:51.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 12:36

Heat: 3/5 Lane : 3 Athlete: STEVENS GERBEN — **Q-time: 01:29:32**

PB (25m pool): 01:29.32 EEKLO 04/10/2026 — **PB (50m pool):** 01:36.83 **SB:** 01:29.32 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.81		01:29.32	
		00:41.81		*00:47.51*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 12:36

Heat: 3/5 Lane : 4 Athlete: MILLET LUCAS — **Q-time: 01:29:91**

PB (25m pool): 01:29.91 EEKLO 04/10/2026 — **PB (50m pool):** 01:32.51 **SB:** 01:29.91 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.77		01:29.91	
		00:42.77		*00:47.14*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 12:36

Heat: 3/5 Lane : 5 Athlete: MATAIGNE MICHEL — **Q-time: 01:32:10**

PB (25m pool): 01:32.10 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:34.50 **SB:** 01:32.10 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.65		01:32.10	
		00:43.65		*00:48.45*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 12:36

Heat: 3/5 Lane : 6 Athlete: TIMMERMANS THEO — **Q-time: 01:36:31**

PB (25m pool): 01:36.31 Durmehal 27/09/2026 — **PB (50m pool):** 01:46.28 **SB:** 01:36.31 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:45.60		01:36.31	
		00:45.60		*00:50.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:4, starttime: 12:39

Heat: 4/5 Lane : 1 Athlete: VAN LOO MATHIAS — **Q-time: 01:27:58**

PB (25m pool): 01:27.58 EEKLO 04/10/2026 **PB (50m pool):** 01:31.04 **SB:** 01:27.58 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.29		01:27.58	
		00:41.29		*00:46.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:4, starttime: 12:39

Heat: 4/5 Lane : 2 Athlete: HOSTE LARS — **Q-time: 01:26:22**

PB (25m pool): 01:26.22 Durmehal 27/09/2026 **PB (50m pool):** 01:30.88 **SB:** 01:26.22 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:41.05		01:26.22	
		00:41.05		*00:45.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:4, starttime: 12:39

Heat: 4/5 Lane : 3 Athlete: GERRITSEN BRUNO — **Q-time: 01:22:46**

PB (25m pool): 01:23.25 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:22.46 **SB:** 01:23.25 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.51		01:23.25	
		00:38.51		*00:44.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M BREASTSTROKE MEN 11+ — Heat:5, starttime: 12:41

Heat: 5/5 Lane : 4 Athlete: STEVENS JAAN — **Q-time: 01:11:61**

PB (25m pool): 01:11.61 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:16.53 **SB:** 01:11.61 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.60		01:11.61	
		00:33.60		*00:38.01*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

DZO Najaarsmeeting: Session: 1: COACH evaluation sheet for TEAM: FIRST

Event number: 14: 100M BREASTSTROKE MEN 11+ **Heat:5, starttime: 12:41**

Heat: 5/5 Lane : 5 Athlete: NEYRYNCK TIBO **Q-time: 01:20:34**

PB (25m pool): 01:14.65 Zottegem 10/03/2019 **PB (50m pool):** 01:16.23 **SB:** no time

	25M	50M	75M	100M	
PB		no time		01:14.65	
	no time				
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